

Regular	No Restriction	Primary				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast						
Assorted Juices Scrambled Eggs Sausage And/or Bacon Toast Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Breakfast Ham Cheddar Cheese Biscuit Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Hash Brown Patties Ketchup Packet Raisin Toast Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Toast Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Pancakes Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar Table Syrup	Assorted Juices Scrambled Eggs Hot Biscuit Sausage Gravy Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon French Toast Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar Table Syrup
Lunch						
Country Fried Chicken Macaroni & Cheese Seasoned Capri - - Vegetables Dinner Roll Margarine Golden Peach Crumble Choice of Milk Beverage of Choice Salt Pepper Sugar	Savory Pot Roast Boiled Potatoes Cabbage & Carrots Dinner Roll Margarine Sherbet Choice of Milk Beverage of Choice Salt Pepper Sugar	Roast Turkey Breast W/turkey Gravy Herb Stuffing Green Beans Dinner Roll Margarine Spice Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Meatloaf Mashed Potatoes Zucchini Corn Bread Margarine Oatmeal Raisin Cookie Choice of Milk Beverage of Choice Salt Pepper Sugar	Chicken Pot Pie Broccoli Florets Hot Biscuit Margarine Sweet Potato Pie Choice of Milk Beverage of Choice Salt Pepper Sugar	Roast Pork Buttered White Rice W/ Brown Gravy Seasoned Greens Corn Bread Margarine Chocolate Brownie Choice of Milk Beverage of Choice Salt Pepper Sugar	Country Fried Steak W/country Gravy Garlic Cubed Potatoes Seasoned Spinach Dinner Roll Margarine Banana Pudding Choice of Milk Beverage of Choice Salt Pepper Sugar
Dinner						
Ham and Swiss Sandwich Oven French Fries Ketchup Packet Garden Salad Salad Dressing Banana Choice of Milk Beverage of Choice Salt Pepper Sugar	Chicken Rice Bake Fresh Steamed Okra Dinner Roll Margarine Apricot Halves Choice of Milk Beverage of Choice Salt Pepper Sugar	Tuna Salad on White - - Bread Lettuce & Tomato Potato Chips Marinated Tomato Salad Fruited Gelatin Choice of Milk Beverage of Choice Salt Pepper Sugar	Breaded Pork Chop Yellow Rice Buttered Baby Carrots Dinner Roll Margarine Diced Pears Choice of Milk Beverage of Choice Salt Pepper Sugar	Cheesy Beef Macaroni Tossed Salad Salad Dressing Dinner Roll Margarine Mandarin Oranges Choice of Milk Beverage of Choice Salt Pepper Sugar	Fried Fish Tartar Sauce Buttered Corn Creamy Cole Slaw Hush Puppies Cinnamon Apple Cup Choice of Milk Beverage of Choice Salt Pepper Sugar	Grilled Chicken Breast - - Sandwich Mustard & Mayonnaise Tomato & Lettuce Leaf Cream of Potato Soup Marinated Vegetable - - Salad Fruit Cocktail - - W/whipped Topping Choice of Milk Beverage of Choice Salt Pepper Sugar

•Daily lunch and dinner alternate choices include•

Sandwiches: Grilled Cheese, Deli with Cheese, Peanut Butter & Jelly, Hamburger or Cheeseburger, Grilled Chicken Breast on Roll
Vegetables: Tossed Salad with Dressing, Vegetable of the Day, Green Beans, Tomato Juice

Edna Cox Rice, RD, CDE, LD
SC LIC #147
NC LIC #L001160
GA LIC #001999

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Lunch						
Baked Ham Sweet Potato Casserole Buttered Lima Beans Dinner Roll Margarine Apple Cobbler Choice of Milk Beverage of Choice Salt Pepper Sugar	Fried Chicken - - Drumsticks Parsley Buttered Rice Poultry Gravy Seasoned Green Beans Dinner Roll Margarine Scalloped Peaches Choice of Milk Beverage of Choice Salt Pepper Sugar	Liver and Onions Whipped Potatoes Green Peas Dinner Roll Margarine Cherry Gelatin Parfait Choice of Milk Beverage of Choice Salt Pepper Sugar	Stewed Chicken Rice Stewed Tomatoes Dinner Roll Margarine Iced White & Chocolate - - Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Smothered Pork Chop Black Eyed Peas Seasoned Collard Greens Corn Bread Margarine Coconut Mousse Choice of Milk Beverage of Choice Salt Pepper Sugar	Chicken Noodle - - Casserole Zucchini Buttered Dinner Roll Margarine Yellow Cake W/white - - Icing Choice of Milk Beverage of Choice Salt Pepper Sugar	Beef Stew Rice California Blend - - Vegetables Dinner Roll Margarine M&m Cookie Choice of Milk Beverage of Choice Salt Pepper Sugar
Dinner						
Sloppy Joes on A Bun Baked Potato Wedges Ketchup Packet Carrot Coins Sliced Pears Choice of Milk Beverage of Choice Salt Pepper Sugar	Baked Fish Sandwich Tartar Sauce Tomato & Lettuce Leaf Steamed Squash Sticks Fried Okra Strawberry & Banana - - Fruit Cup Choice of Milk Beverage of Choice Salt Pepper Sugar	Sliced Roast Pork Seasoned Noodles Cabbage Corn Bread Margarine Fresh Grapes Choice of Milk Beverage of Choice Salt Pepper Sugar	Entree of Choice Starch of Choice Vegetable of Choice Dinner Roll Margarine Dessert of Choice Choice of Milk Beverage of Choice Salt Pepper Sugar	Cube Steak Sauteed Peppers & - - Onions Scalloped Potatoes Sugar Snap Peas Dinner Roll Margarine Pineapple Tidbits Choice of Milk Beverage of Choice Salt Pepper Sugar	Golden Diced Pork Herb Boiled Potatoes Italian Flat Beans Dinner Roll Margarine Fresh Fruit Medley Choice of Milk Beverage of Choice Salt Pepper Sugar	Oven Fried Fish Tartar Sauce Tater Tots Ketchup Packet Creamy Cole Slaw Corn Bread Margarine Spiced Apples Choice of Milk Beverage of Choice Salt Pepper Sugar

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Sandwiches: Grilled Cheese, Deli with Cheese, Peanut Butter & Jelly, Hamburger or Cheeseburger, Grilled Chicken Breast on Roll
Vegetables: Tossed Salad with Dressing, Vegetable of the Day, Green Beans, Tomato Juice

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Lunch						
Fried Chicken Au Gratin Potatoes Savory Green Beans Hot Biscuit Margarine Iced Banana Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Bbq Ribs Buttered Corn Brown Sugar Baked Beans Dinner Roll Margarine Vanilla Ice Cream Cup Choice of Milk Beverage of Choice Salt Pepper Sugar	Spaghetti W/meatballs Italian Vegetable Blend Garlic Roll Margarine Frosted Lemon Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Honey Glazed Ham Steamed Cauliflower Buttered Greens Corn Bread Margarine Vanilla Frosted Brownie Choice of Milk Beverage of Choice Salt Pepper Sugar	Roast Beef Parsley Sliced Potatoes Steamed Baby Carrots Hot Biscuit Margarine Strawberry Shortcake Choice of Milk Beverage of Choice Salt Pepper Sugar	Creamy Cheddar Chicken Seasoned Noodles Zucchini Dinner Roll Margarine Chocolate Chip Cookie Choice of Milk Beverage of Choice Salt Pepper Sugar	Hamburger Steak Brown Gravy Mashed Potatoes Buttered Lima Beans Dinner Roll Margarine Apple Pie Choice of Milk Beverage of Choice Salt Pepper Sugar
Dinner						
Philly Hot Beef - - Sandwich Onion Rings Tossed Salad Salad Dressing Mandarin Oranges Choice of Milk Beverage of Choice Salt Pepper Sugar	Turkey Salad Sandwich - - on Roll Tomato & Lettuce Leaf Potato Chips Fresh Vegetable Sticks Fresh Fruit Cup - - W/whipped Topping Choice of Milk Beverage of Choice Salt Pepper Sugar	Shrimp and Grits Okra with Tomatoes Corn Bread Margarine Pineapple Tidbits Choice of Milk Beverage of Choice Salt Pepper Sugar	Ranch Chicken Butter Beans Seasoned Broccoli Dinner Roll Margarine Fruit Cocktail Parfait Choice of Milk Beverage of Choice Salt Pepper Sugar	Sausage W/ Onion & - - Peppers Rice Pilaf Dinner Roll Margarine Scalloped Apples Choice of Milk Beverage of Choice Salt Pepper Sugar	Fried Fish Tartar Sauce Baked Sweet Potato Creamy Cole Slaw Dinner Roll Margarine Harvest Fruit Salad Choice of Milk Beverage of Choice Salt Pepper Sugar	Breaded Chicken Tenders Dipping Sauce Confetti Rice Capri Blend Vegetables Dinner Roll Margarine Peaches & Cream Choice of Milk Beverage of Choice Salt Pepper Sugar

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Lunch						
Glazed Roast Pork Onion Roasted Potatoes Fresh Steamed Okra Dinner Roll Margarine Pineapple Upside Down - - Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Barbecued Chicken - - Breast Macaroni & Cheese Green Beans Dinner Roll Margarine Lemon Dream Pie Choice of Milk Beverage of Choice Salt Pepper Sugar	Beef Tips with Gravy Steamed Rice Broccoli Florets W/cheese Sauce Dinner Roll Margarine Blondie Choice of Milk Beverage of Choice Salt Pepper Sugar	Country Pork Chop Pinto Beans Mustard Greens Corn Muffin Margarine Chocolate Pudding - - Parfait Choice of Milk Beverage of Choice Salt Pepper Sugar	Oven Fried Chicken Leg Herb Rice Stewed Tomatoes Corn Bread Margarine Yellow Cake - - W/chocolate Icing Choice of Milk Beverage of Choice Salt Pepper Sugar	Breaded Fish Fillet Tartar Sauce Baked Potato Sour Cream Green Peas Dinner Roll Margarine Fresh Sugar Cookies Choice of Milk Beverage of Choice Salt Pepper Sugar	Baked Ham Sauteed Cabbage Succotash Vegetables Dinner Roll Margarine Chocolate Brownie Choice of Milk Beverage of Choice Salt Pepper Sugar
Dinner						
Cheddar Bacon Burger - - on Bun Ketchup Mayo & Mustard - - Packets Lettuce, Tomato & Onion Oven French Fries Ketchup Packet Triple Bean Salad Canned Fruit Choice of Milk Beverage of Choice Salt Pepper Sugar	Cold Cut Sandwich Mustard & Mayonnaise Tomato & Lettuce Leaf Navy Bean Soup Tossed Salad Salad Dressing Strawberry Parfait Choice of Milk Beverage of Choice Salt Pepper Sugar	Herbed Chicken Thigh Squash Casserole Black Eyed Peas Dinner Roll Margarine Pineapple W/whipped - - Topping Choice of Milk Beverage of Choice Salt Pepper Sugar	Cheese Lasagna with - - Tomato Italian Vegetable Blend Garlic Roll Margarine Cinnamon Pears Choice of Milk Beverage of Choice Salt Pepper Sugar	Swiss Steak with Gravy Creamed Potatoes Seasoned Carrots Dinner Roll Margarine Fruit Cocktail Choice of Milk Beverage of Choice Salt Pepper Sugar	Turkey Club Sandwich - - on White Bread Macaroni Salad Side Salad Salad Dressing Mandarin Oranges Choice of Milk Beverage of Choice Salt Pepper Sugar	Chicken Patty Sandwich Mayonnaise Packet Tomato & Lettuce Leaf Potato Salad Vegetable Soup Crackers Fresh Grapes Choice of Milk Beverage of Choice Salt Pepper Sugar

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Breakfast						
Assorted Juices Banana Scrambled Eggs Sausage And/or Bacon Toast Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Hash Brown Potatoes Ketchup Packet Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Breakfast Ham Cheese Grits Toast Jelly and Margarine Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Cinnamon Toast Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Hot Biscuit Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Blueberry Muffin Jelly and Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar	Assorted Juices Scrambled Eggs Sausage And/or Bacon Waffles Margarine Assorted Hot Or Cold - - Cereal Choice of Milk Beverage of Choice Sugar & Creamer Salt Pepper Sugar Table Syrup
Lunch						
Oven Baked Turkey - - Breast Mashed Potatoes Seasoned Mixed - - Vegetables Dinner Roll Margarine Cranberry Crisp Choice of Milk Beverage of Choice Salt Pepper Sugar	Salisbury Steak Buttered Noodles - - W/chives Green Beans with Onions Dinner Roll Margarine Carrot Cake Choice of Milk Beverage of Choice Salt Pepper Sugar	Roast Pork Potato W/ Parsley Honey Glazed Carrots Dinner Roll Margarine Apple Cinnamon Buckle Choice of Milk Beverage of Choice Salt Pepper Sugar	Beef Stew Rice Seasoned Mixed - - Vegetables Corn Bread Margarine Ice Cream Cup Choice of Milk Beverage of Choice Salt Pepper Sugar	Crispy Fried Chicken Whipped Sweet Potato Harvest Corn Dinner Roll Margarine Chocolate Cake W/white - - Icing Choice of Milk Beverage of Choice Salt Pepper Sugar	Fried Fish Tartar Sauce Parsley Buttered Rice Green Peas Dinner Roll Margarine Lemon Bar Choice of Milk Beverage of Choice Salt Pepper Sugar	Beef Stroganoff Seasoned Noodles Seasoned Spinach Corn Bread Margarine Chocolate Chip Cookie Choice of Milk Beverage of Choice Salt Pepper Sugar
Dinner						
Bbq Pork Sandwich Corn Nuggets Creamy Cole Slaw Lime Gelatin W/topping Choice of Milk Beverage of Choice Salt Pepper Sugar	Smothered Chicken Rice W/chicken Gravy Seasoned Yellow Squash Dinner Roll Margarine Peaches, Diced Choice of Milk Beverage of Choice Salt Pepper Sugar	Egg Salad Sandwich on - - White Bread Tomato & Lettuce Leaf Vegetable Beef Soup Crackers Pineapple Slices Choice of Milk Beverage of Choice Salt Pepper Sugar	Ham & Cheesy Potato - - Bake Breaded Okra Dinner Roll Margarine Citrus Fruit Cup Choice of Milk Beverage of Choice Salt Pepper Sugar	Swissburger on Bun Mustard & Mayonnaise Lettuce, Tomato, Onion - - & Pickle Brown Sugar Baked Beans Sliced Pears Choice of Milk Beverage of Choice Salt Pepper Sugar	Italian Baked Chicken Au Gratin Potatoes Basil Buttered French - - Green Beans Garlic Roll Margarine Mandarin Oranges - - W/whipped Topping Choice of Milk Beverage of Choice Salt Pepper Sugar	Chili Con Carne Baked Potato Sour Cream Steamed Broccoli Dinner Roll Margarine Fresh Fruit Parfait Choice of Milk Beverage of Choice Salt Pepper Sugar

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